



# The Mad Philly Resource Guide

Lavender Space  
2024

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**Have a recommendation or warning to share?**  
**[Fill Out This Form](#)**

# Therapy

## Psychotherapy/Psychodynamic Therapy

### Walnut Street Psychotherapy

- <https://www.walnutpsychotherapycenter.com/>
- “We strive to provide long-term, psychodynamic, trauma informed mental health treatment that refuses to pathologize LGBTQ+ people, but rather recognizes the negative impact that societal marginalization has on the psyche.”

### Philadelphia Center for Psychotherapy

- <https://philadelphiapsychotherapy.org/>
- “Stigma, in any form, is an impediment to the well-being of those who experience it. Given the stressors that LGBTQIA+ groups must confront, such as homophobia, prejudice, coming out, and discrimination, finding a therapist who is openly LGBTQIA+ friendly is crucial to your personal growth.”

### The Therapy Center of Philadelphia

- <http://www.therapycenterofphila.org/>
- Call the intake team at 215-567-1111
- 215 South Broad Street, Philadelphia PA 19107
- Sliding scale, accepts AETNA Student Health and Penn Behavioral Health Insurance
- “Therapy Center of Philadelphia (TCP) nurtures individual well-being and personal growth by providing high-quality, affordable psychotherapeutic services to women, transgender, and gender non-conforming communities. We work from an intersectional framework that attends to aspects of social location and oppression as integral to the therapy relationship and work.”

### Key Therapy and Wellness

- <https://www.keytherapywellness.com/>
- To request an appointment:  
<https://www.keytherapywellness.com/request-appointment>
- Offers individual, couples, family, and sex therapy. “Every therapist at Key Therapy & Wellness is LGBTQAI+ affirming, actively practices anti-racist work, and believes in health at every size. We also celebrate neurodivergent people.”

## Couples, Family, and Sex Therapy

### Philly Couples & Sex Therapy

- <https://www.phillycouplesandsextherapy.com/>
- “We are committed to a liberation-focused practice. Folks of all racial identities, ethnicities, gender identities, relationship and sexual orientations, physical and intellectual abilities, are welcome and supported here.”

### Council for Relationships

- <https://councilforrelationships.org/>
- “Our services are provided by individual, couple, family, and sex therapists, psychiatrists, psychologists, and social workers.”

### Philadelphia Institute for Individual, Relational, and Sex Therapy

- <https://phiirst.com/>
- 267-519-0241
- Offers individual, couples, and sex therapy and has several explicitly LGBTQ+ affirming therapists.
- “Philadelphia Institute for Individual Relational & Sex Therapy is a practice of highly trained and specialized therapists dedicated to helping people gain greater insight and create greater joy in their lives.”

### Fishtown Wellness Center

- <https://fishtownwellness.com/>
- 1-267-764-1997
- “Fishtown Wellness Center helps individuals and families create, cultivate, and sustain the life they want to live. The mission of Fishtown Wellness is to enable individuals and families to create a life of well-being and balance. We do this by providing evidence-based, holistic approaches to mental, emotional, and behavioral health.”
- Accepts some insurance and offers a sliding scale

## Queer Therapists

### Restorative Connection

- <https://www.restorativeconnection.com/resources.html>
- a list of self-identified, out therapists in the Philadelphia area. The information... includes social/cultural identifiers and basic information on how they practice. Please contact them directly for more information”

### LGBTQ Counseling at Emerge Wellness

- <http://therapy.lgbt/>

- 267-225-3905
- “We are an LGBTQ owned and operated private therapy practice located in Center City, Philadelphia. Founded in 2013, our is to provide LGBTQ+ adolescents, adults, couples, and families with quality therapy in a safe and empathetic environment. PLEASE NOTE: We do not accept insurance.”

## Peer Support

### William Way Peer Counseling

- <https://www.waygay.org/peer>
- Hours: Monday through Friday, 6-9pm
- 215-732-8255
- Email: [lgbtqpeercounseling@yahoo.com](mailto:lgbtqpeercounseling@yahoo.com)
- “Peer counselors are not therapists, and we do not diagnose or prescribe medication. We are volunteers trained and supervised by mental health professionals. We work closely with our clients to help them make changes and see results. We also offer clients referrals to resources and information on a variety of issues including local organizations, support groups, and LGBT-friendly therapists.”

### Thriviers

- <https://lgbtelderinitiative.org/thriviers/>
- Through the LGBT Elder Initiative via William Way Meetings occur monthly, access the calendar at <https://lgbtelderinitiative.org/events/>
- “THRIVERS is a monthly discussion group for people impacted by HIV that relies on the personal expertise within our communities to help one another get the most out of life and to take advantage of the opportunities before us.”

### COMHAR Community Living Room (CLR)

- <https://comhar.org/the-community-living-room-clr/>
- “The Community Living Room (CLR) is a Community Integrated Recovery Center for adults living with HIV and a mental health diagnosis. The day program emphasizes the importance of positive mental health through therapeutic and expressive group exercises, artistic expression, peer support, clinical intervention, and community integration. CLR provides LGBTQI+ affirming service, HIV informed care, psychiatric services, and medication management. The CLR is open Monday through Friday from 8:30 AM to 5:00 PM.”

## Online Therapeutic Tools (books, worksheets, etc)

### Nate Writes

- <https://natewrites.com>
- free e-book, podcasts, ect

### Lavender Space Downloadables

- <https://www.lavenderspace.com/downloadables>

## Addiction Counseling

### High Focus Centers Pennsylvania

- <https://pa.highfocuscenters.com/locations/>

### Horsham Inpatient Dual Diagnosis Treatment for Adults

- <https://horshamclinic.com/programs-services/adults/inpatient-dual-diagnosis/>
- “Adults who are facing behavioral health issues along with substance abuse or addiction issues may benefit from The Horsham Clinic’s Dual Diagnosis Program. This program combines psychiatric inpatient care with detoxification services to adults 18 years of age and older.”

## Culture-Specific Therapy Resources

### National Queer and Trans Therapist of Color Network

- <https://nqttn.com/en/>
- “The National Queer and Trans Therapists of Color Network (NQTTCN) is a healing justice organization committed to transforming mental health for queer and trans people of color (QTPoC). We work at the intersection of movements for social justice and the field of mental health to integrate healing justice into both of these spaces. Our overall goal is to increase access to healing justice resources for QTPoC.”

### Latinx Therapy Directory

- <https://latinxtherapy.com/>
- “Latinx Therapy was founded in 2018 with the mission to destigmatize mental health in the Latinx community. Since then, we have expanded to become... a national directory to find Latinx Therapists (98% of our directory are Spanish speakers).”

### Asians For Mental Health

- <https://asiansformentalhealth.com/>
- Asian/Pacific Islander therapy directory organized by state.

### Inclusivetherapists.com

- <https://www.inclusivetherapists.com/united-states/pennsylvania>
- “We center the needs of Black, Indigenous, and People of Color (BIPOC) and the 2SLGBTQIA+ community. We honor the full neurodiversity spectrum and advocate for mental health care accessibility for people with disabilities/disabled people.” This website can help connect you to inclusive therapists in your area.



# Intensive Outpatient Treatment

## High Focus Centers Pennsylvania

- <https://pa.highfocuscenters.com/locations/>
- Different locations have different programs, select a location to view information on their specific services
- “we proudly specialize in both mental health and substance abuse treatments for adults and adolescents. ... Our experienced team employs evidence-based practices, including cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT), ensuring we deliver the highest standard of care in both specialties. Our approach is not just therapeutic but also educational, empowering our patients with essential skills and knowledge for long-term wellness and recovery.”

## Mazzoni Center Recovery Services (IOP/OP)

- <https://www.mazzonicenter.org/recovery>
- Not currently accepting patients 9/25
- “We offer a LGBTQ+ focused high intensity recovery program for substance use. Our recovery services provide affirming, safe and respectful treatment opportunities promoting growth and self-discovery. Our recovery program distinguishes itself from other treatment programs because it creates a holistic, comprehensive, affordable, and most importantly: safe treatment experience exclusively for LGBTQ+ people. We recognize a one-size-fits-all approach does not work for everyone. First and foremost, our approach is person-centered and affirming, recognizing that everyone’s path to recovery is different.”

## Sanare LGBTQIA+ Trauma-Focused IOP Program

- <https://sanaretoday.com/lgbtqia-iop/>
- 610-344-9600, intake open Monday through Friday from 8am-5pm EST.
- “This IOP group was intended to create a safer space for LGBTQIA+ individuals to bring their whole selves to therapy and to connect with other people who may share similar challenges. Similar to our general mental health track, the LGBTQIA+ specific IOP is for those struggling to function and thrive in their daily lives and looking for skills to enhance a sense of control.”

# Partial Hospitalization

## High Focus Centers Pennsylvania

- <https://pa.highfocuscenters.com/locations/>
- Different locations have different programs, select a location to view information on their specific services
- “we proudly specialize in both mental health and substance abuse treatments for adults and adolescents. ... Our experienced team employs evidence-based practices, including cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT), ensuring we deliver the highest standard of care in both specialties. Our approach is not just therapeutic but also educational, empowering our patients with essential skills and knowledge for long-term wellness and recovery.”

## Horsham Partial Hospitalization Program for Adults

- <https://horshamclinic.com/programs-services/adults/outpatient-php/>
- “provides short-term, highly structured behavioral health treatment in the least restrictive setting to help address the emotional and behavioral needs of those age 18 and older. This program is designed to benefit adults who need a higher level of care than is available in intensive outpatient treatment, but whose symptoms do not warrant inpatient treatment. The program is also ideal for patients who need a transition from inpatient hospitalization back to their community.”

# Inpatient Programs

## Belmont Behavioral Health Adult Inpatient Programs

“We designed the inpatient programs at Belmont Behavioral Health System for those who are in a state of crisis or need immediate stabilization of their symptoms in a hospital setting. We offer several inpatient programs at our facility in Philadelphia, Pennsylvania, for adults who are seeking care for mental health challenges.”

- <https://www.belmontbehavioral.com/programs/inpatient/adult-inpatient>
- (note: mixed reviews)

### Magnolia Program

- Our highest level of inpatient psychiatric care, this program serves adults who are suffering from severe symptoms of a mental health disorder, including those who are experiencing psychosis.

### Crescent Program

- This inpatient program serves adults who have a dual diagnosis of a substance use disorder and a mental health concern.

### Reflections Program

- This program specifically serves adults who are struggling with the symptoms of mood and personality disorders, such as major depressive disorder, bipolar disorder, borderline personality disorder, or obsessive-compulsive disorder (OCD)

## Friends Hospital

### Adult Unit

- <https://friendshospital.com/programs-and-services/adults/>
- Adult treatment programs at Friends Hospital are designed to help individuals ages 18 to 65 understand their condition and develop healthy alternative behaviors. The hospital has several specialized adult units to meet the varied needs of our patients. This includes an intensive adult unit for individuals with severe and persistent mental illness and our recovery unit, Philadelphia’s first inpatient psychiatric unit designed around the recovery-oriented care model.

### Older Adult Unit

- <https://friendshospital.com/programs-and-services/older-adults/>
- Psychiatric and behavioral concerns and complex medical issues often accompany the aging process, making the diagnosis and treatment of seniors uniquely challenging for behavioral health professionals.

## Horsham Clinic Acute Psychiatric Program

- <https://horshamclinic.com/programs-services/adults/inpatient-acute-psychiatric/>
- “comprehensive assessment and evaluation, and help stabilize their primary symptoms while enhancing their individual strengths. We help our patients develop coping mechanisms to effectively move forward to happier, healthier lives. We also educate each patient on their disease to help create the best opportunity to prevent relapse.”

## Malvern Behavioral Health in South Philly

### Wisteria (LGBTQ+ Program)

- <https://www.malvernbeh.com/mental-health-treatment-programs/lgbtq-inpatient-mental-health-services/>
- “Wisteria is a safe and affirming program designed to treat LGBTQ patients struggling with situational or clinical depression, anxiety symptoms, suicidal thoughts, self-harm, and other unhealthy behaviors. Our LGBTQ inpatient mental health services provide a supportive environment for healing and recovery.”

### The Sage Program

- <https://www.malvernbeh.com/>
- “offers a secure and supportive inpatient behavioral health environment for adults experiencing challenges with mental health and substance use disorders. Our program is specially designed to support those with co-occurring considerations with treatment plans targeting both psychiatric and substance use symptoms.”

## Other Inpatient Resources

### Project Let's Phone Line: 401 - 400 - 2905

- Inpatient Advocacy- support for psychiatric incarceration that also provides direct advocacy

## Community Centers

### William Way Community Center

- <https://www.waygay.org/>
- 215-732-2220
- 1315 Spruce Street
- “The William Way LGBT Community Center serves the LGBTQIA+ community of Philadelphia and its allies 365 days a year. From social groups, networking events, and counseling and support services to art exhibitions and cultural experiences, the Center consistently strives to provide new and innovative programs for the LGBTQIA+ communities throughout Greater Philadelphia.”

### galaei

- <https://www.galaeiqtbipoc.org/>
- 215-398-5003
- 118 Fontain Street
- “Galaei is a Queer and Trans, Black, Indigenous, and People of Color (QTBIPOC) radical social justice organization. Galaei fights for access, opportunity, sexual empowerment, and economic justice while fighting systemic oppression, structural racism, discrimination, and white supremacy.”

### Mazzoni Center

- <https://www.mazzonicenter.org/>
- Main: 215-563-0652; Medical: 215-563-0658; Legal: 215-563-0658
- 1348 Bainbridge Street
- “We provide quality comprehensive health and wellness services in an LGBTQ-focused environment, while preserving the dignity and improving the quality of life of the individuals we serve”

### Bebashi

- <https://www.bebashi.org/>
- 215-769-3561
- 1235 Spring Garden Street
- “Bebashi’s mission is to empower Black and Brown people to enhance the quality of their health and overall well-being by providing access to culturally sensitive high-quality healthcare, HIV/AIDS services, health education, and social services.”

### Colours Organization

- <https://coloursorganization.org/>
- 215-832-0100
- 1211 Chestnut Street, Suite 910

- “The Colours Organization’s mission is to impact, improve, and empower the lives of LGBTQ+ communities of color, especially those of the African diaspora, within the greater Philadelphia metropolitan area. With an intentional focus on holistic wellness and safety, intersectionality, and community mobilization, we strive to support and uplift the experiences of those too often left in the margins.”

#### LGBTQ+ Elder Initiative

- <https://lgbtelderinitiative.org/>
- 215-720-9415
- 1315 Spruce Street
- “The LGBT Elder Initiative (LGBTEI) is committed to assuring that lesbian, gay, bisexual and transgender older adults have rights and opportunities to live vibrant, creative and mutually supportive lives. To achieve this vision, the mission of the LGBTEI is to foster and advocate for services and resources that are competent, culturally sensitive, inclusive and responsive to the needs of LGBT elders in the Delaware Valley and beyond.”

#### Philly Black Pride

- <https://phillyblackpride.org/>
- P.O. Box 22515, Philadelphia PA 19110
- “Our mission is to transform the living and social environments of Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) people of color. We aim to create opportunities that educate, inspire, improve and celebrate the experiences of LGBTQ individuals.”

#### Philly Asian Queer

- <https://phillyasianqueer.com/>
- “Philadelphia Asian & Queer (PAQ) is a volunteer, social organization that strives to engage queer (LGBTQIA+), Asian/Asian-American folks within the greater Philadelphia area. Through a range of advocacy, social, and supportive programming, we commit to building and uniting our collective voices as a queer, Asian/Asian-American community.”

# Queer Specific Resources

## Plastic Surgeons

### In-State

Dr. Jared Liebman

- <https://providers.einstein.edu/provider/Jared+Liebman/1451383>
- “Dr. Liebman is an Attending Physician of Plastic and Reconstructive Surgery at Einstein Healthcare Network. He is board certified by the American Board of Surgery.”

Dr. Julia Spears

- <https://www.metropolitanplastics.com/dr-julia-spears-md.php>
- “Dr. Spears, MD is a plastic surgeon with significant teaching experience. She is certified by the American Board of Plastic Surgery.”

Dr. Joseph M. Serletti

- <https://www.pennmedicine.org/providers/profile/joseph-serletti>
- Dr. Serletti is the Chief of Penn Medicine Plastic Surgery and is board certified.

Dr. Ivona Percec

- <https://www.pennmedicine.org/providers/profile/ivona-percec>
- <https://www.pennmedicine.org/cosmetic-services/meet-the-team/meet-the-doctors/ivona-percec>
- Dr. Percec is a board-certified plastic surgeon.

Dr. Bryan J. Cicuto

- <https://providers.upmc.com/provider/Bryan+J+Cicuto/1744514>
- “Bryan Cicuto, DO, specializes in plastic surgery and wound care and is certified by the American Board of Plastic Surgery.”

Dr. Rose at Main Line HealthCare Plastic Surgery

- <https://www.mainlinehealth.org/find-a-doctor/katherine-rose>

Dr. Samina Wahhab M.D.

- <https://drwahhab.com/>

### Out-of-State

Dr. Charles Pierce at Rowe Plastic Surgery

- <https://normanrowemd.com/doctors/dr-charles-pierce/>

### Other

2021 Top Surgeon Directory

- [Top Surgery Directory, Greater Philly](#)

## Surgery Support

### Temple Gender Affirming Surgeries Program

- <https://www.templehealth.org/services/transgender-non-binary-gender-diverse-affirming-healthcare/surgeries-procedures>
- “Temple Gender Affirming Surgeries Program offers surgical navigation for trans and non-binary patients which often includes referrals and resources”

## Hospital Pride Programs & Primary Care

### Jefferson Hospital Pride Program

- <https://www.jeffersonhealth.org/clinical-specialties/pride-care/pride-program>
- When we set out to develop our center at Jefferson Einstein Philadelphia Hospital, we did so by listening, and by working with the LGBTQIA+ community to better understand your health concerns including: Confidentiality, The range of services available to ensure comprehensive LGBTQIA+-focused care, [and] Access to doctors skilled in providing affirming care”
- Call our Pride Patient Navigator at 215-420-0989 or submit a form to learn more about our services or to schedule an appointment.

### Specialized LGBTQIA+ Intensive Outpatient Program (IOP) at High Focus Centers

- [https://pa.highfocuscenters.com/location/philadelphia-center-city/?\\_gl=1\\*1ir37q5\\*\\_gcl\\_au\\*MTAyMjY1MzkxOS4xNzI2OTc0Mzk0\\*\\_ga\\*MjA3MjDU5OT\\_A0Mi4xNzI2OTc0Mzk0\\*\\_ga\\_DL73R7MPNR\\*MTcyNjk3NDM5NC4xLjAuMTcyNjk3NDM5NC42MC4wLjA.#df0914e7e6aeb49aa](https://pa.highfocuscenters.com/location/philadelphia-center-city/?_gl=1*1ir37q5*_gcl_au*MTAyMjY1MzkxOS4xNzI2OTc0Mzk0*_ga*MjA3MjDU5OT_A0Mi4xNzI2OTc0Mzk0*_ga_DL73R7MPNR*MTcyNjk3NDM5NC4xLjAuMTcyNjk3NDM5NC42MC4wLjA.#df0914e7e6aeb49aa)
- “High Focus Centers in Center City is now accepting clients for our specialized LGBTQIA+ Intensive Outpatient Program (IOP), designed for adults facing co-occurring mental health and substance use disorders. This trauma-focused, person-centered program provides a safe and supportive space where group members can openly express thoughts, feelings, and opinions related to sexuality and orientation. Led by a compassionate, strength-based therapist, the group encourages personal growth and healing.”
- The IOP group meets Monday, Tuesday, Wednesday, and Thursday from 9:00 am to 11:15 am, offering both in-person and hybrid options to accommodate diverse schedules. Family and caregiver involvement is



encouraged, with monthly family sessions provided to help navigate challenges within the home environment. High Focus Centers is dedicated to supporting the LGBTQIA+ community through a tailored, empathetic approach to recovery. We look forward to being a part of your healing journey.”

#### Penn LGBTQ Patient Navigation Program

- [https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/lgbtq-health/patient-care/lgbtq-patient-navigation-program?fbclid=IwY2xjawFfylRleHRuA2FlbQIxMAABHQOHl-JFJvWM7aC0a\\_LCgogIvVg7QbUTNWg2rdWgcboDI1ynk2pphSOJEQ\\_aem\\_UtFHTvyA4nfLsSqEi8Hr9Q](https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/lgbtq-health/patient-care/lgbtq-patient-navigation-program?fbclid=IwY2xjawFfylRleHRuA2FlbQIxMAABHQOHl-JFJvWM7aC0a_LCgogIvVg7QbUTNWg2rdWgcboDI1ynk2pphSOJEQ_aem_UtFHTvyA4nfLsSqEi8Hr9Q)
- Phone: 215-573-8499
- Email: [LGBThlth@med.upenn.edu](mailto:LGBThlth@med.upenn.edu)
- The LGBTQ Patient Navigation Program helps connect patients anywhere along the LGBTQ spectrum to outpatient or specialty care at Penn Medicine. Patient navigators are advocates who offer support and help navigating the health system. This includes finding appropriate providers, making sure your records are updated to match your gender designation and pronouns, or other issues that may come up when accessing care.

#### Temple Health LGBTQ Health

- <https://www.templehealth.org/services/lgbtq-health>
- To schedule: 800-836-7536 between 8am and 5pm EST Monday - Friday
- “Our designated LGBTQ Affirming Care Providers are dedicated and specially trained clinicians who share a common mission of providing clinical care to meet the needs of the LGBTQ community. They’re devoted to making sure all of our patients, regardless of race, ethnicity, religion, sexual orientation, and gender identity are treated with dignity and respect.”

## Gender Affirming Beauty and Skincare

#### Philly sugaring

- <https://www.phillysugaringandeducation.com/>
- “We provide professional, respectful, confirming and affirming hair removal services for people of all genders. See our service menu for more information on how to book us!”

## Other Queer Resources

#### Top Surgery Facebook Support Group

- <https://www.facebook.com/groups/topsurgerysupport/>

#### Bebashi's Trans Necessities Closet

- <https://www.bebashi.org/bebashis-transnecessities-closet-empowering-philadelphias-transgendered-and-gender-non-conformingcommunity/>
- 215-769-3561
- “Through the TransNecessities Closet, individuals have free access to gender-affirming items such as clothing, shoes, wigs, accessories, binders, and gaffs. In addition, the organization offers assistance and referrals to obtain legal name changes, identification gender marker changes, and other resources that are necessary for a seamless transition to their true gender identity

#### Thrive Lifeline: 313-662-8209

- Trans-led and operated warmline that does not engage police

#### Trans Lifeline: tel:+18775658860

- Warmline that does not engage with 911
- <https://translifeline.org/>

## Resources for Sex Workers

### Serenity House

- <https://www.instagram.com/serenityhousephl/?hl=en>
- “A come as you are drop-in center for women, queer and gnc people living at the intersections of drug use, sex work and housing insecurity”

### Pineapple Support

- <https://pineapplesupport.org/pineapple-support-therapists/>
- Pineapple Support offers those working in the online adult entertainment industry free or low-cost therapy and emotional support. We have an ever-growing team of sex worker friendly, LGBTQ+ and kink-aware therapists who provide in-person as well as online video therapy, group therapy and workshops....Pineapple Support has also partnered with industry therapists and mental health professionals to provide a range of Online Support Groups and Webinars.”
- “To be eligible for Pineapple Support subsidized therapy applicants must provide proof that they have been active in the online adult industry for a minimum of 6 months, within the last 6 months.”

### Project Safe

- <https://projectsafe.dreamhosters.com/>
- “Project SAFE is run by and for drug users and sex workers working collectively. They deliver harm reduction support with funding from community members like you.”

### FemmeDom Philadelphia

- <https://www.femdomphila.com/>
- “The Femdom Philadelphia Network will serve to foster camaraderie and mutual support among Dommies, with the goal of working together to help each other thrive”

# Warm Lines That Don't Call The Police

## Crisis Support

Blackline: 800-604-5841

- Centers BI&POC, LGBTQ+ Black Femme Lens

Trans Lifeline: 877-565-8860 (US), 877-330-6366 (Canada)

- Run by and for Trans people

Wildflower Alliance Peer Support Line: 888-407-4515

- Trained peer supporters

Strong Hearts Native Helpline: 844-762-8483

- Centering Native Americans & Alaska Natives

Thrive Lifeline: 313-662-8209

- Trans-led and operated

LGBT National Help Center: 888-843-4564

## Other phone lines:

Project Let's Phone Line

- 401 - 400 - 2905
- Inpatient Advocacy- support for psychiatric incarceration that also provides direct advocacy

LGBT National Senior Hotline: 888-234-7243

- <https://www.lgbthotline.org/senior-hotline.html>
- Email: [help@lgbthotline.org](mailto:help@lgbthotline.org)
- “Often times our LGBT seniors can feel isolated and cut off from the rest of the community. No matter where they live, LGBT seniors have a place to call when they need peer support, information and local resources.”

## Other Resource Guides

### Mazzoni Center Resource Guide

- [https://www.mazzonicenter.org/sites/default/files/attachments/2024\\_lgbtq\\_affirming\\_resource\\_guide.pdf](https://www.mazzonicenter.org/sites/default/files/attachments/2024_lgbtq_affirming_resource_guide.pdf)